

Workpackage 5
Preparation, organisation
and results of
Workshop II



CENTRUM
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life quality
of senior citizens



in relation to
mobility conditions



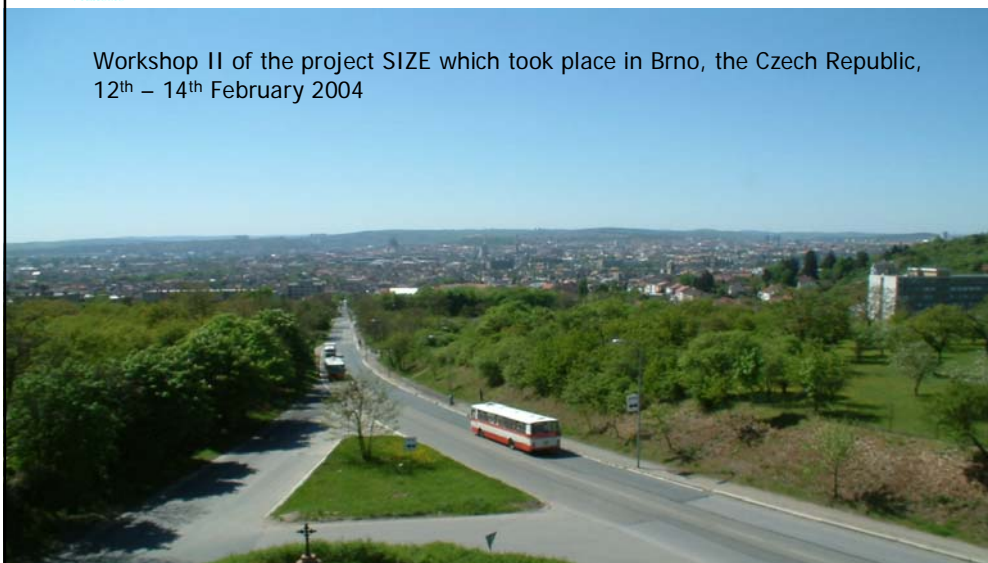
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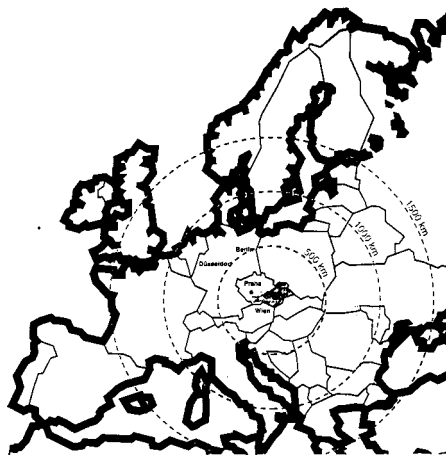
Workshop II of the project SIZE which took place in Brno, the Czech Republic,
12th – 14th February 2004



Workshop II of the project SIZE which took place in Brno, the Czech Republic, 12th – 14th February 2004



**Workpackage 5 – Partner:
Transport Research Centre
Brno**



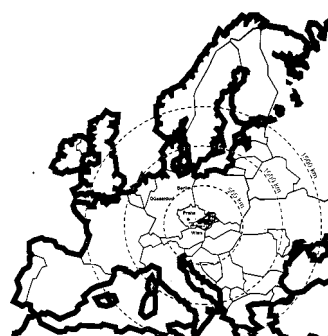
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Workshop II of the project SIZE which took place in Brno, the Czech Republic, 12th – 14th February 2004



**Heuristic part of - work to overcome
lack of knowledge and know-how:**

- Different disciplines
- Different countries
- Implementation problems
- Resistance to be met
- Ideological barriers, misunderstandings and prejudices



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the workshop II was the **Forum for the Mid-Term-Assessment**

- Presentations and discussion of results from *WP3 - Qualitative studies senior citizens* & *WP4 - Qualitative studies experts* (internal report D6),
- Presentations and discussion of **overall results, of main problems and of differences between groups of seniors, decision makers and experts**
- Discussion and formulation of main topics for **next work in the Area 3**
- Preparatory work for the instruments for **standardised interviews, discussion of important inputs**
- Preparing a report (D9) about the state of **the art of the project**.

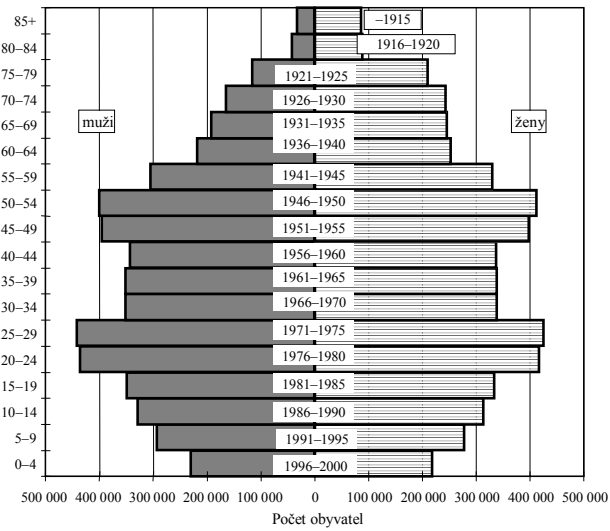
Workshop II of the project SIZE which took place in Brno,
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Involvement of senior citizens:

Senior citizens' association made **comment on how they see the results of the project** so far,

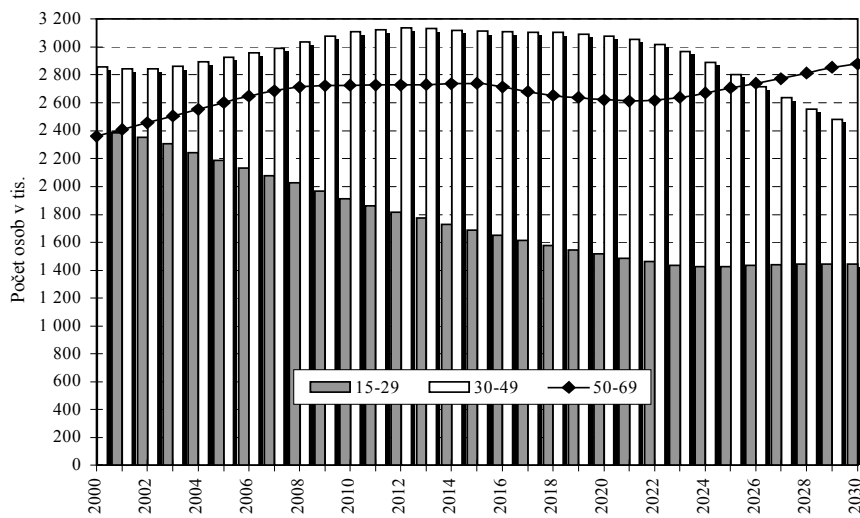
and they were be involved in **developing recommendations for the next working steps** (*surveys with senior citizens and "decision makers and experts" as target groups*)

Ageing of the Czech society



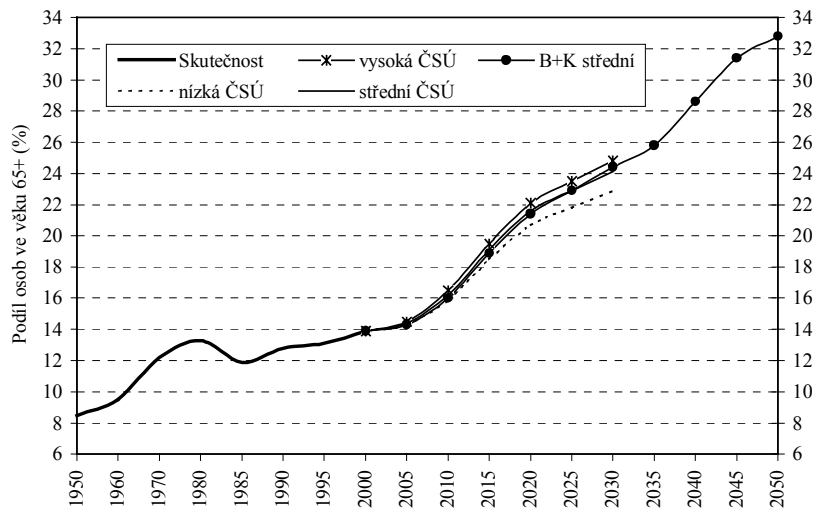
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Ageing of the Czech society



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Ageing of the Czech society



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State of the art (WP2) was presented and discussed

- • **Contents**
- **Mobility of elderly citizens**
- **Life quality of senior citizens**
- **Their needs and subjective satisfaction**

How experts and people with executive power view the mobility of senior citizens.

Sources: *European, national and regional policy documents, general literature*

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Experts x Senior citizens



Dangerous dynamic environment → special environment for senior citizens

Don't want to be isolated; → involved in societal activities; want to be among other people

Senior citizens need to be driven/transported

They need targets within their surroundings, they do walk

The senior population is a minor social group requiring special measures

Population ageing → seniors become a major social group; measures should consider this

The older generation is taken as homogenous group requiring homogenous solutions

Heterogeneous: age, sex, health, activities and interests, family life, road use mode, economy, domi-cile (city - countryside).

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Experts x Senior citizens



Daily supply by external help

Want preconditions to be self-sufficient

Good public transport to give up car driving. Should give up car driving

Driving license is often last thing one has before being totally excluded from society and from life

Current generation

Future senior citizens are different – educated, technical understanding, wealthier, good health up to higher ages

Special transport systems exclusively dedicated to senior citizens, prohibited use by other passengers

Costly, deepen separation of senior citizens from others → shared transport and a possibility of use for all passengers

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Workpackage 5 - workplan and proceedings

- preparation of the reports from research actions (qualitative interviews, Deliverables 5 and 6)***
- summarisation and preparation for presentation by the leader of WP (Deliverable 7)***

Work package 5 – objectives***presentation by the WP-leader of:***

- all qualitative data from WP3 and WP4 [All results of the qualitative interviews (Deliverables 5 and 6), analysed and prepared for public presentation]***



- comparable materials for the continuing work in the project - Area 3 Quantitative Studies***

Workpackage 5 – methodology

This report was the main raw material



for the standardised survey instruments in WP8 and WP9

Workpackage 5 – methodology

This report includes



- ***list of the detected mobility problems for senior citizens***
- ***and a comparison between the view of senior citizens, decision makers and experts and***
- ***differences between countries***



Workpackage 5 – Organisation and arrangement of the workshop.

February 12th 2004, Thursday



Consortium Session

Workpackage 5 – Organisation and arrangement of the workshop.

February 13th 2004, Friday

Consortium Session



Mid-term review

The expert's mid-term review report focused on:



- **Overall objectives of the project**
- **Progress to date**
- **Research approach**
- **Contribution of the project partners**
- **Project management**
- **Exploitation and dissemination**
- **Ethical and safety aspects**

Overall assessment

Workpackage 5 – Organisation and arrangement of the workshop.

February 14th 2004, Saturday

Public Session



Presentation of the project SIZE and the first results

Workpackage 5 – Organisation and arrangement of the workshop.

February 14th 2004, Saturday

Presentation of SIZE project and the first results – Ralf Risser

Description of SIZE



It is divided into four Areas:

AREA 1 "Preparatory activities"

AREA 2 "Qualitative studies"

AREA 3 "Standardised surveys"

AREA 4 "Finalisation and distribution of results"

Workpackage 5 – Organisation and arrangement of the workshop.

February 14th 2004, Saturday

Heuristic work is represented by the SIZE workshops.

Group work (two groups)



Successful dissemination of information

We have lot of material of practical value. What to do so that it reaches relevant persons and groups?

Workpackage 5 – Organisation and arrangement of the workshop.

February 14th 2004, Saturday

Group work (two groups)



In-depth discussion on WP7 (two groups)

Task 1: Development of method

Task 2: Interviewing older people

Workpackage 5 - results (summary)

Deliverables

D7: Summary of results of Area 2

The deliverable focused on:

- Elaboration on the main problems
- Elaboration on the cross-cultural differences between partners/ countries
- Elaboration on differences especially between the opinions of the senior citizens, decision makers and experts

Workpackage 5 - results (summary)

The results were used:

- **as material for the preparation of the instruments for the standardised interviews.**
- **For dissemination in professional magazines, Reports, articles, abstracts published in newspapers and journals**
- **Presentations at conferences, workshops, seminars**
- **For rising awareness among target groups - senior citizens, public and regional authorities and transport providers**
- **For state authorities to create and adjust new transport policy, Presentations to authorities, administrative officers, city representatives**

Workpackage 5 - Workshop II results (summary)

The results were presented in specialised magazines for senior citizens:

- **Skok do reality**
- **Vozíčkář**

Workpackage 5 - Workshop II results (summary)

The results were presented in professional magazines:

- ***Urbanismus a územní plánování***
- ***DOPRAVA - official newsletter of the ministry of Transport in the Czech Republic***
- ***HORIZONTY DOPRAVY – Slovakia***
- ***EKO – Ekologie a společnost***

Workpackage 5 - results (summary)

The results were broadcasted via Czech national radio:

Chief editors-moderators: Dr. Hana Šráčková,

Dr. Zuzana Ledererová

5 Sessions – special programme of seniors

Workpackage 5 - results (summary)

The results were implemented into national documents:

- ***National plan MOBILITY FOR ALL***
- ***Strategic plan Promotion of Cycling***
- ***Mobility management for big cities and its regions***

Workpackage 5 - results (summary)

Last dissemination:

Workshop of COST 349 Action:

Design of Low Floor Coaches for Intercity Use

Workpackage: Infrastructure

Venue: Budapest, hotel Danube

Date: April 2005

Workpackage 5 - results (summary)

Next dissemination:

Workshop of COST 355 Action:

Changing Behaviour towards more environmental friendly modes of Transport – Cycling, Walking, Public Transport versus car

Chair:

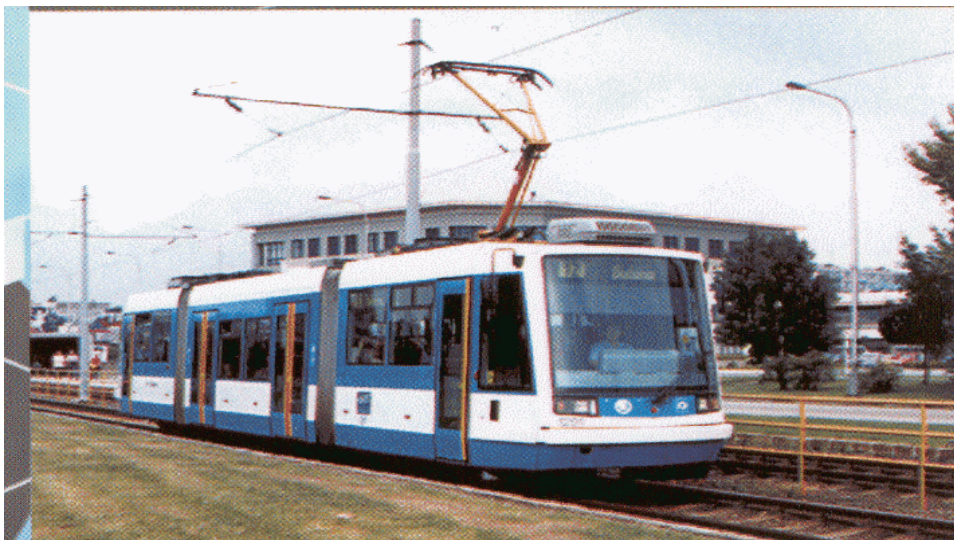
Dr. Joyce Delgay, University of Central London, leader of WP 2

Venue: CDV headquarters, Lišeňská 33a, Brno

Date: June 24th 2005

Results: Low floor busses and trams for elderly, handicapped and mothers with prams,

Readable time tables, time schedules and signs



Results: Public corridors in city centres and in centres of city districts, with excluded through traffic and restricted service traffic



Mapa 1: Organizace dopravy historického jádra města Brna v roce 1997



LEGENDA:

- VJEZD POVOLEN BEZ OMEZENÍ
- PĚŠÍ ZONA
- DOPRAVNÍ OBLUZE VJEZD POVOLEN 18-20 HODIN, ZÁSTROVÁNÍ VYBRANÝMI POTRAVINAMI POVOLENO 11-13 HODIN
- ZONA S DOPRAVNÍM OMEZENÍM
- ČTYŘI SAMOSTATNÉ OBLUZE S RŮZNÝMI PŮVODY PRO VJEZD DOPRAVNÍ OBLUZE A OSTATNÍCH VOZIDEL V PRŮBĚHU DNE 18HODIN PVK
- ZONA S DOPRAVNÍM OMEZENÍM
- DOPRAVNÍ OBLUZE VJEZD POVOLEN 0-24 HODIN

Zdroj: Odbor dopravy MmB

Results:

- Public corridor in city centres and in centres of city districts, with excluded through traffic and restricted service traffic
- Connection to services and resting places
- Good access to public transport
- Public toilets accessibility solutions

Thank you for your attention

size



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